



LUMECCA™ IPL Post treatment:

The following advice is given for the safety and protection of the treated area, and for the efficacy of your treatment. It should always be adhered to to avoid adverse incidents and increase treatment results.

- Avoid heat treatments (sauna/steam room/swimming/exercise) for 48hrs
- Avoid hot baths/showers for 48hrs (keep water tepid)
- Avoid UV (sun or sunbeds) exposure in treatment area throughout treatment course and for 4 weeks after last treatment
- Use UV/sun protection SPF30+ on any exposed areas (e.g. face) throughout treatment course and for 4 weeks after last treatment
- Make-up may be applied after the treatment if skin is intact (do not apply over crusting)

- Skin may be red/tight/with some edema for a day or so after treatment
- May have darkening of pigmented lesions in next few mins which get even darker the next day/may have darkening of blood vessels
- May have erythema/edema around pigments and vessels – local inflammation
- A few days later may have crust of pigmented lesions that flakes off after 7-10 days (should be left alone and must not be picked/scratched)
- Results may require more than one treatment