



FRACTORA/MORPHEUS Post Treatment Advice

Following Fractora or Morpheus, Fractional Radio Frequency Treatments, it is recommended that patients use the following treatment aftercare advice and are aware of post treatment expectations.

Post Treatment Expectations

- Erythema (redness) 1-3 days
- Edema, (localised swelling) 1-3 weeks
- Tiny scabs will appear 1-3 days later and will last for a few days
- Downtime 1-2 weeks depending on treatment parameters and patient skin type
- Pain – Most patients do not require pain killers after the procedure
- Radio Frequency pin ablative craters visible 1-3 weeks depending on treatment parameters

Post Treatment Aftercare

- Use ZO Hydrating cream for the following week 3-4x per day, until craters have closed and scabs have formed. Continue twice a day for 4 weeks.
- Avoid using make-up for 1-3 days post treatment, until scabs have formed.
- Ensure make-up brushes, pads and other applicators are clean or preferably new
- Avoid touching treated area without first cleansing hands.
- Ensure hands are clean before washing the treated area.
- Use a sun cream daily with a high SPF (factor 30 or above) for at least 4 weeks post treatment, but ideally ongoing for best results
- Avoid extreme sun exposure or sunbeds for 3-4 weeks post treatment
- Moisturise the skin if itchy during healing, try to avoid scratching.

Infection Control

If you have any concerns following treatment with FRACTORA please contact your practitioner immediately.